

CYSTOSCOPY PRE-PROCEDURE PATIENT INFORMATION & INSTRUCTIONS

Dear: _____

You have been scheduled for a **CYSTOSCOPY**.

Procedure Date: _____ **Time:** _____

PLEASE REPORT TO THE OFFICE FIFTEEN (15) MINUTES PRIOR TO YOUR PROCEDURE.

Procedure Location: ***Ambulatory Surgery Center
Weems Creek Medical Center
600 Ridgely Ave., Suite 223
Annapolis, MD***

Preparation: (A staff member from the Surgery Center will call you a prior to the appointment to review your **Medical and Surgical History** and the **Medications** that you are currently taking.)

1. The day of the procedure eat a light meal.
2. Take all regular medications unless informed otherwise by your physician or the nursing staff.
3. Please bring a Photo ID and your Insurance Card, as well as all necessary insurance paperwork, including a referral, if needed.
4. Please write down any questions on a piece of paper that you want to ask your physician and bring the paper with you.

The Procedure:

You will be asked to go to the restroom to obtain a urine specimen and empty your bladder. You will then be directed to the procedure room where you will be instructed to undress from the waist down and to lie on your back on the cystoscopy table. You will be covered with a paper drape sheet and your legs may be placed in stirrups with your knees supported. Your urethra (the urinary tract opening) and surrounding area will be cleansed with a brownish antiseptic soap called Betadine.

A topical anesthetic jelly may be applied to your urethra to mildly numb the area. There are no needles involved in this procedure. The cystoscope will be inserted into your urethra and sterile water will flow through the scope into your bladder to expand it, allowing the urologist to see specific areas of your urethra and bladder closely. (Due to the length of the male urethra, male patients may have some discomfort on insertion of the scope). You may feel fullness in your bladder, but you should not feel any pain. After the urologist is finished with the cystoscopy, the scope is removed. You may then get dressed. If necessary, you will be given an opportunity to empty your bladder again before discussing the results with your physician. Normal time for completion of this procedure is 10-15 minutes.

After The Procedure:

It is not uncommon to experience some mild discomfort (burning) the first 2-3 times you void. You may see small amounts of blood in your urine for approximately 24 hours. Otherwise, there should be no change in your urinary status. A member of our staff will be calling you a few days after the procedure to follow up with you.

PLEASE CALL 410 – 266 – 8049 ext 420 BETWEEN THE HOURS OF 8:00 AM AND 4:00 PM to SCHEDULE YOUR APPOINTMENT. Thank you.

Date scheduled: _____ By: _____

******Please note****There will be a \$50 fee charged for missed procedure appointments not cancelled with at least 24 hours notice. This fee will be the responsibility of the patient and will not be charged to the insurance carriers.**