Preparing for your Ureteroscopy, Laser Lithotripsy

1. Please bring a photo ID, your insurance card and all necessary insurance paperwork, including a referral, if needed.
2. It is preferred that you stop the following medications as indicated below as they will place at an increased risk for bleeding:
   a. Aspirin: 7 days prior
   b. Plavix: 7 days prior
   c. Xeralto & Eliquis: 3 days prior
   d. Pradaxa: 4 days prior
   e. Coumadin/Warfarin: 5 days prior
   f. NSAID ex. Motrin, Mobic, etc: 5 days prior
   g. Vitamins, supplements, herbal: 7 days (unless otherwise directed.)
3. Tylenol is okay to take. Please continue all other prescription medications as prescribed up until the night before your procedure or otherwise specified.
4. Do NOT eat or drink anything on the morning of surgery. This includes candies, breath mints, gum, etc.
5. You are required to have a responsible adult to bring you to and from your procedure. You are also required to have a responsible adult stay with you during the first 24 hours following your procedure. This does not have to be same person.
6. Failure to following these instructions could result in your appointment being cancelled or rescheduled.
7. A nurse from the Surgery Center will call you a few days prior to your procedure to review your medical history.
8. Some insurance companies requires that your specimen is sent to a special laboratory for processing, please have that information ready for the nurse on the day of your procedure. If this information is not provided to us, your specimen will be sent to our default laboratory which could result in a cost to you.

After The Procedure:
1) Please arrange to have someone drive you home after your procedure.
2) Do not participate in physical activity for the 24 hours following the procedure.
3) Aspirin, Plavix, Coumadin, anti-inflammatory medications should be restarted 1 week after the procedure, unless otherwise instructed by your physician.
4) Increase your fluid intake.
5) Call the office or surgical center immediately for: FEVER >101°, NAUSEA, VOMITING, CHILLS, EXCESSIVE BLEEDING WITH CLOTS, DIFFICULTY or INABILITY TO URINATE
6) Minor bleeding in the stool and in the urine is normal for several days. Blood in your semen can be normal for 1 month.
7) A member of the surgical center staff will call you the day after the procedure to see how you are doing.