General Preoperative Instructions for patients receiving general anesthesia:

• Read your surgical packet IMMEDIATELY. There are specific guidelines that you are required to follow. They are there to prepare you for the day of surgery.
• Any blood work, EKG, medical or cardiac clearance should be done no later than 5 working prior to your surgery, if able. This will allow the lab or your doctor enough time to get the results to us in a timely manner for review by anesthesia.
• In order for us to speak or discuss your procedure or health history with your wife or designee, you will need to have a signed release form on file.
• You should have nothing to eat or drink after midnight. This includes gum, breath mints, hard candy etc.
• You will need a responsible adult to bring you to and from your surgical appointment. They should remain the waiting room during your procedure or at least within 10 minutes of the building. Please have them leave a cell phone number with the receptionist. They will also need to stay will you for the first 24 hours after surgery. This does not have to be all the same person.
• Due to limited space in the waiting room, we recommend limiting guest to 2 people.
• You should wear loose, comfortable clothing, for example sweatpants, pajamas, etc.
• You are to remove ALL jewelry, piercings, contact lenses, valuables, lotion, and make-up prior to arriving at the surgery center.
• Bring your photo ID, Insurance Card and a method of paying your copay/balance on the day of surgery.
• Stop ALL aspirin products, NSAIDS (anti-inflammatory), vitamins, supplement and over-the-counter medications at least 7 days prior to your surgery or as indicated in your information packet.
• Our surgical coordinator will contact you prior to your surgery to review your medical and surgical history, medications, allergies and any special diet if required.
• The surgical schedule is not finalized until 1pm on the day before your surgery; therefore we are unable to give out times prior to this. Expect a call after 1pm with your arrival time.